

Understanding your coverage is always an excellent choice to stay healthy while studying.

For all plan details, go to: <http://www.mystudentplan.ca/uofcalgary>

Health Benefits Effective September 1, 2024	Coverage	
Prescription Drug	80%	Maximum of \$3,000 per benefit year. Based on the National Formulary with a generic rider.
Vision Care	100%	Maximum of \$50 for one eye exam, and \$150 for glasses and/or contact lenses every 24 months.
Paramedical Practitioners	80%	Maximum of \$20 per visit and an overall plan maximum of \$300 per practitioner per benefit year. Practitioners: Registered Massage Therapist*, Physiotherapist*, Chiropractor, Osteopath, Naturopath, Podiatrist or Chiropodist, Speech Language Pathologist*. *Physician's prescription required
Mental Health Practitioners	80%	Up to \$20 per visit and overall combined maximum for eligible practitioners of \$300. Visit the plan website for a complete list of eligible therapist types. Physician's prescription/referral required.
Dental Accident*	80%	Maximum of \$1,000 per accident. Services must be performed within 12 months of accident. If treatment is scheduled to occur more than 90 days after the impact, a treatment plan must be submitted before the end of the 90-day period. Pre-authorization required.
Ambulance	80%	Maximum of \$250 per occurrence.
Medical Equipment & Supplies	80%	Including but not limited to: crutches, wheelchair, hospital-type bed, prosthetics, rigid and semi-rigid braces. Custom-made orthopedic shoes limited to \$150 per foot, per benefit year. Prescription & pre-authorization may be required. Not solely for athletic use.
Hearing Aids	100%	Maximum of \$500 during a 5 year period. Excludes batteries.
Blood Glucose Monitors	100%	Maximum of \$150 during a 5 year period.
Other Insurances & Services	-	Tutorial, Tuition Insurance.

Dental Benefits Dental Benefits & annual maximum effective September 1, 2024.

In order to receive dental coverage for eligible services, students on the Undergraduate Student Dental Plan must visit specific dental service providers. Visit the plan website for the list of dental offices.

Annual Maximum - \$750 per benefit year

Diagnostic & Preventative	100%	Limited to once per benefit year. Scaling limited to 2 units.
Minor Restorative	80%	Fillings & child space maintainers.
	50%	Denture repairs, relining, rebasing & tissue conditioning.
Extractions	50%	Limited to 2 wisdom teeth per benefit year.
Endodontic	50%	Root canals.
Periodontic	50%	2 units of scaling and/or root planing per benefit year.
Major Restorative	15%	Crowns, Bridges & Dentures. Limited to once every 5 benefit years.

The Student Benefits Plan covers supplementary health and dental services and additional benefits not covered by Provincial Health Care and Medical Travel Insurance. In the event of any discrepancy between the information herein and our contract with the insurer, the terms of the contract will apply. All benefits payable through the student plan are based on reasonable and customary charges.

Enrollment Confirmation

All domestic and international students who meet the eligibility criteria are automatically enrolled in the Student Benefits Plan and do not need to apply for coverage.

Review your student account statement and search for the health and dental insurance fees to confirm you are covered by the Student Benefits Plan.

Still unsure if you are enrolled and have coverage? Contact the Benefits Plan Office if you want to know more about your Student Benefits Plan.

Validation Period

There is a 45 day validation period for new enrollments from the start of the term. During this time, you pay out of pocket for all eligible expenses and keep the receipts to submit your claims when the validation period ends.

How To Use Your Student Benefits Plan

- Confirm enrollment.
- Know your benefits.
- Register your account in mystudentplan Benefits App.
- Update your profile with your address and banking details and download your benefit card.
- Submit claims online to get reimbursed for eligible expenses if your service provider is not set up for direct billing.

Online Applications

- Opt-out
- Re-enroll/Opt-In
- Family Coverage

DEADLINES APPLY

Submit online applications before applicable deadlines. **No exceptions will be made if the deadline is missed.** All terms and conditions for applications can be found with the online form.

mystudentplan Benefits App

Register and manage your benefits via a web browser or on the mobile app!

- ✓ Set up direct deposit and provide your complete address.
- ✓ Download your benefits card for direct billing.
- ✓ View your coverage details.
- ✓ Verify if your prescriptions are covered.
- ✓ Check plan usage and remaining balances.
- ✓ Track the status and history of your claims.
- ✓ Learn about additional insurance options.
- ✓ Stay informed about events, changes or news.

The mystudentplan Benefits App is a service of People Corporation and powered by Telus Adjudicare.

Coordinating Multiple Plans

If you are eligible on the Student Benefits Plan and are covered by another benefits plan under your parents, spouse, government, job, or band, you can make these plans work together to obtain up to 100% coverage.



mystudentplan.ca/uofcalgary

You are invited to explore our website to learn more about your benefits, deadlines, enrollment, claims, applications, savings and more.

For More Information

Benefits Plan Office

MacEwan Student Centre, Room 352
Phone **403.456.3122**
uofcalgaryplan@mystudentplan.ca

Policy Information (for Health Only)

Policy No: 330753

Carrier: People Corporation / Telus Adjudicare

Carrier Number: 34

Certificate No: Your Student ID

Plan Name: University of Calgary Students' Union

Claims Contact Centre

Phone: **1.866.856.1010**
claims@mystudentplan.ca

my
student
plan.ca

Revised: September 1, 2024